

ANNUAL REPORT

NASCO Feeding Minds

2022



#ChangeTheHistory

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LETTER FROM THE PRESIDENT

The logo for NASCO Feeding Minds, featuring the text "NASCO FEEDING MINDS" in a bold, sans-serif font, with "NASCO" on the top line, "FEEDING" on the middle line, and "MINDS" on the bottom line, all contained within a thin black rectangular border.

Ousman Umar

Dear friends, collaborators, members and volunteers,

The year 2022 is, without a doubt, a year to remember in the history of NASCO. As I look back, it has been 10 years since we decided to embark on this great adventure that has become the project of my life. Thus, in the blink of an eye, we go from being two brothers with a great dream to becoming a community with more than 400 partners. As you have heard me say many times: if you go alone, you will arrive sooner, but if you are accompanied, you will go further. And so, with a lot of effort and enthusiasm, we ended last year with 14 computer classrooms, more than 5,000 students a year and a total of 60,000 in our entire history.

The 21st century is full of challenges for us and many of them threaten to generate more and more inequalities in the world. The mission of NASCO has always been aimed at ending these inequalities, so that, along with global progress, the most vulnerable groups are not left behind.

In 2022 we have expanded our social action exponentially. Not only have we grown quantitatively, but qualitatively. Our IT centers not only continue to support the Ghanaian Government by providing space, computer equipment, technicians, teachers, electricity and internet, but, in addition, they are spaces where training is developed that goes beyond the educational system of the country. Likewise, with the help of large organizations, we continue working to empower local communities through education, since they are and will always be the most important element for a transformative change to the continent

On the other hand, our projects adjacent to technology continue to grow to the rhythm of the classrooms, with more and more beneficiaries whose lives have improved: There are already more than 120 women working in the Honey Cooperative, illiterate mothers at risk of social exclusion who have respectable salaries and can thus empower themselves and help their families to get ahead.

In addition, our scholarship program continues to focus on young talent, this time with the opportunity to study outside Africa, and following their experience, these scholarship recipients can return to their homes with the necessary tools to be the leaders of change.

Finally, we do not forget the climate crisis that also threatens to have an impact on the most vulnerable, which is why our tree project continues reaching more corners of Ghana.

As I always say, nothing, absolutely none of this could have been achieved without your help, without every grain of sand that has built this enormous mountain.

Dear NASCO community, THANK YOU for having achieved all this. While you continue placing your trust in us, we will work constantly to continue empowering Africa and changing the paradigm of International Cooperation.

INTRODUCTION

The logo for NASCO Feeding Minds, consisting of the text "NASCO FEEDING MINDS" in a bold, sans-serif font, enclosed within a thin black rectangular border.

NASCO Feeding Minds has been working for more than a decade to end the socioeconomic crisis faced by rural communities in Ghana.

The consequences of these socioeconomic difficulties include, among many others, **school dropouts, irregular and forced migration, the perpetuation of hereditary poverty, early marriages, premature deaths, and poor health.** The inability to access educational and employment opportunities is one of the greatest challenges of the African continent, which is why NASCO Feeding Minds continues focusing its social action on mitigating both inequalities with an **impact from the root and in the long term.**

NASCO's social action has an integrative structure that combines technological, economic, educational, gender initiatives, climatic/environmental and social with the aim of **achieving a 360° effect in the entire population,** without exception. NASCO's strategic structure is a star of seven (7) points in which each point is called a project, and each project represents a set of activities to address a need.

NASCO's ultimate goal has always been and is **to empower locals,** providing tools to generate true transformative change in the country.

It is estimated that 50% of the Ghanaian population lives in rural areas, and of this, **78% live below the poverty line** according to data in a 2012/2013 report. According to the United Nations Children's Education Fund (UNICEF), of the 71% of children who finish primary education, 41% can complete the first cycle of secondary school. However, the numbers were drastically reduced to 35% of those who are able to complete upper secondary education due to poverty and learning variables.

The above constitutes a fairly solid argument for interventions introduced by Feeding Minds in its quest to improve the standard of living of the rural population.

The statistics also threaten Ghana's ability to achieve the Sustainable Development Goals (SDGs) for 2030, which makes the mission of NASCO Feeding Minds become a socioeconomic imperative.

The seven point approach, in practical terms, has connected the seventeen (17) sustainable development goals (SDGs) and has provided links, networks and synthesis pertinent to its realization, particularly among the rural population who, generally lives below the poverty line.

This report analyzes the relevant data necessary to develop, review, evaluate and implement programs under the 7-point approach of Feeding Minds and, in this way, reduce the consequences of the socioeconomic challenges to which rural communities in Ghana face.

It is estimated that more than sixty thousand (60,000) people benefit annually from our seven projects a year, and this number is expected to increase in the coming years. All key activities provide nominal figures and are absolute in impact

DIGITAL EDUCATION

NASCO
FEEDING
MINDS

The digital education project is aimed at enabling education centers **teaching, training and learning to develop computer skills** required for the new academic and professional challenges of the 21st century.

This year, **3 new centers have been set up, therefore totaling 14 IT classrooms**, 12 of which are equipped with Internet connection.

In the NASCO classrooms, students and locals from the communities come daily to improve their computer skills and receive quality digital training.

In addition, school teachers and trainers also receive training in **emerging technologies** thanks to the collaboration of the **company Cisco Systems**, and they subsequently obtain a globally recognized license or certificate in the sector.



DIGITAL EDUCATION

NASCO
FEEDING
MINDS

The activities in the computer classrooms focus predominantly on **content approved by the GES** for students and teachers of the Ghana Educational Service. Our IT centers allow the Ghanaian government curriculum to be carried out in an optimal way, since hardly any school has computer equipment necessary to learn essential ICT skills. A few months ago we inaugurated the "**NASCO Academy**", extracurricular training that NASCO offers to boys and girls who want to learn beyond the parameters of the Educational Curriculum of the country.

The 3 new classrooms are located in: 1 in Gindabou and 2 in the Techiman district (Techiman and Fiaso) fully operational. Accessibility to computing is thanks to the 14 classrooms where a total of 43 schools have benefited.

Our technicians perform routine maintenance tasks, ensuring that the computers are available and in proper working condition for optimal use by the students. In addition, a recycling policy has been developed to ensure that the damaged machines are repaired and returned to the computer classrooms.



DIGITAL EDUCATION

NASCO
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Following our main focus of action which is digital education, this year we have started a collaboration with the Profuturo Foundation, also aimed at ending the educational gap through digital education.

Profuturo has implemented a platform in the 43 schools where NASCO operates, which is an electronic system that hosts learning content to digitally train all teachers - not only those in computer science, but also those in mathematics, history, science, etc. - so that following their training, they can transfer their subjects in a more effective, digital and visual way to thousands of boys and girls.

Finally, thanks to the existing collaboration between NASCO and Cisco Systems, the computer classrooms of the entity are now NetAcad centers, where they are supplied with Cisco professional training that is globally recognized in the sector and that allow access to technological jobs across the global landscape.



DIGITAL EDUCATION



We create prosperity to end forced migration from the origin



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No.	Escuela	Aula IT	Población	Tipo de escuela
1	Changbalyiri D/A JHS	Sawla Community Lab	101	Public
2	Changbalyiri D/A Primary 5&6	Sawla Community Lab	53	Public
3	English & Arabic JHS	Sawla Community Lab	99	Public
4	English & Arabic Primary 4,5&6	Sawla Community Lab	69	Public
5	Fiaso M/A JHS	Fiaso Cluster Lab	232	Public
6	Fiaso M/A primary school A	Fiaso Cluster Lab	281	Public
7	Fiaso M/A primary school B	Fiaso Cluster Lab		Public
8	Fiaso M/A primary school C	Fiaso Cluster Lab		Public
9	Gindabour D/A JHS	Gindabour Cluster Lab	124	Public
10	Gindabour D/A Primary	Gindabour Cluster Lab	326	Public
11	Holy Child Academy JHS	Sawla Community Lab	55	Private
12	Holy Child Academy Primary 5&6	Sawla Community Lab	154	Private
13	IrmGard R/C JHS	Tuna Cluster Lab	11	Public
14	IrmGard R/C Primary	Tuna Cluster Lab	46	Public
15	Jentilpe D/A Primary	Jentilpe Lab	64	Public
16	Jentilpe R/C JHS	Jentilpe Lab	76	Public
17	Kulmasa D/A JHS	Kulmasa Cluster Lab	82	Public
18	Kulmasa D/A Primary	Kulmasa Cluster Lab	52	Public
19	Nahari D/A JHS	Nahari Lab	90	Public
20	Nahari D/A Primary	Nahari Lab	88	Public
21	Sawla D/A JHS	Sawla D/A JHS Lab	110	Public
22	Sawla D/A Primary 5&6	Sawla Community Lab	102	Public
23	Sawla Girls Models	Sawla Girls Model Lab	52	Private
24	St Augustines JHS	St Augustines Lab	76	Public
25	St Augustines Primary	St Augustines Lab	137	Public
26	St Cyprian Minor Serminary	St Cyprian Lab	72	Private
27	St Johns R/C Primary	Tuna Cluster Lab	98	Public
28	St Johns R/C JHS	Tuna Cluster Lab	105	Public
29	St Maria Gorretti Girls JHS	Tuna Cluster Lab	35	Public
30	St Marys R/C JHS	Tuna Cluster Lab	59	Public
31	St Marys R/C Primary	Tuna Cluster Lab	82	Public
32	St Pauls R/C JHS	Tuna Cluster Lab	83	Public
33	St Pauls R/C Primary	Tuna Cluster Lab	45	Public
34	St Peters R/C JHS	Tuna Cluster Lab	110	Public
35	St Philips R/C Primary	Gindabour Cluster Lab	186	Public
36	St. Paul's R/C JHS Techiman	Techiman Cluster Lab	173	Public
37	St. Paul's R/C Primary Techiman	Techiman Cluster Lab	236	Public
38	St. Francis R/C JHS	Techiman Cluster Lab	298	Public
39	St. Francis R/C Primary A	Techiman Cluster Lab	213	Public
40	St. Francis R/C Primary B	Techiman Cluster Lab	234	Public
41	Tuna D/A JHS	Tuna Cluster Lab	98	Public
42	Tuna D/A Primary	Tuna Cluster Lab	109	Public
43	Tuna Sec Tech School	TusecTech Lab	598	Public
	TOTAL		5314	

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**43
schools**

**5.314
children**

**34
professional
certifications**



BEEKEEPING AND WOMEN

NASCO
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MINDS

The Women's Empowerment project was created 6 years ago and it currently consists of a community of **127 women divided among 8 towns**.

The project was born with the intention of helping to obtain a **respectable source of income for rural women**, most of whom are illiterate and in precarious labor situations. The need was identified, through our students, in order that their mothers could have a stable economic source that will empower them and help their families to move forward.

This year, **the amount of honey produced** as of December 31, 2022 has been 195 liters. Sales began in the last quarter of the year, and at the end of the year we had sold 70 liters to individuals. In the last quarter of the year, repairs were made to 6 hives to help us reach our goal of 250 liters for the coming year, with a total of **119 hives used by the 8 communities**.

Every year we try to improve the conditions of the uniforms, material and tools necessary to achieve the highest productivity and quality of the honey, and this year we have been able to send new material and clothing to provide the best working conditions.



BEEKEEPING AND WOMEN



The access to respectable jobs as a way to resolve the circle of hereditary poverty



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127
women

635
children



FRUITS FOR EDUCATION



The Fruits for Education project continues to focus on tree planting with 2 clear objectives: 1) educate boys and girls on the importance of taking care of the environment and 2) invest in crops that can later generate local trade and income to rural communities. NASCO already has 3 plantations: Kunlog (Jelinkon), Jentilpe and Girl's Model School, in Sawla.

In the second quarter of 2022, Nasco Feeding Minds cultivated 10 of the 20 acres of Kunlog D/A school grounds. As a result, the students planted 400 mango trees in the third quarter on the land of which 350 were left in good health.



In addition to mangoes, students planted 250 cashews in the field, which 235 trees thrived .

As of December 31, 2022, the total number of thriving trees Kunlog and Girls' Sawla Model is nine hundred five (905), which represents 93% of the total number of trees planted.

FRUITS FOR EDUCATION



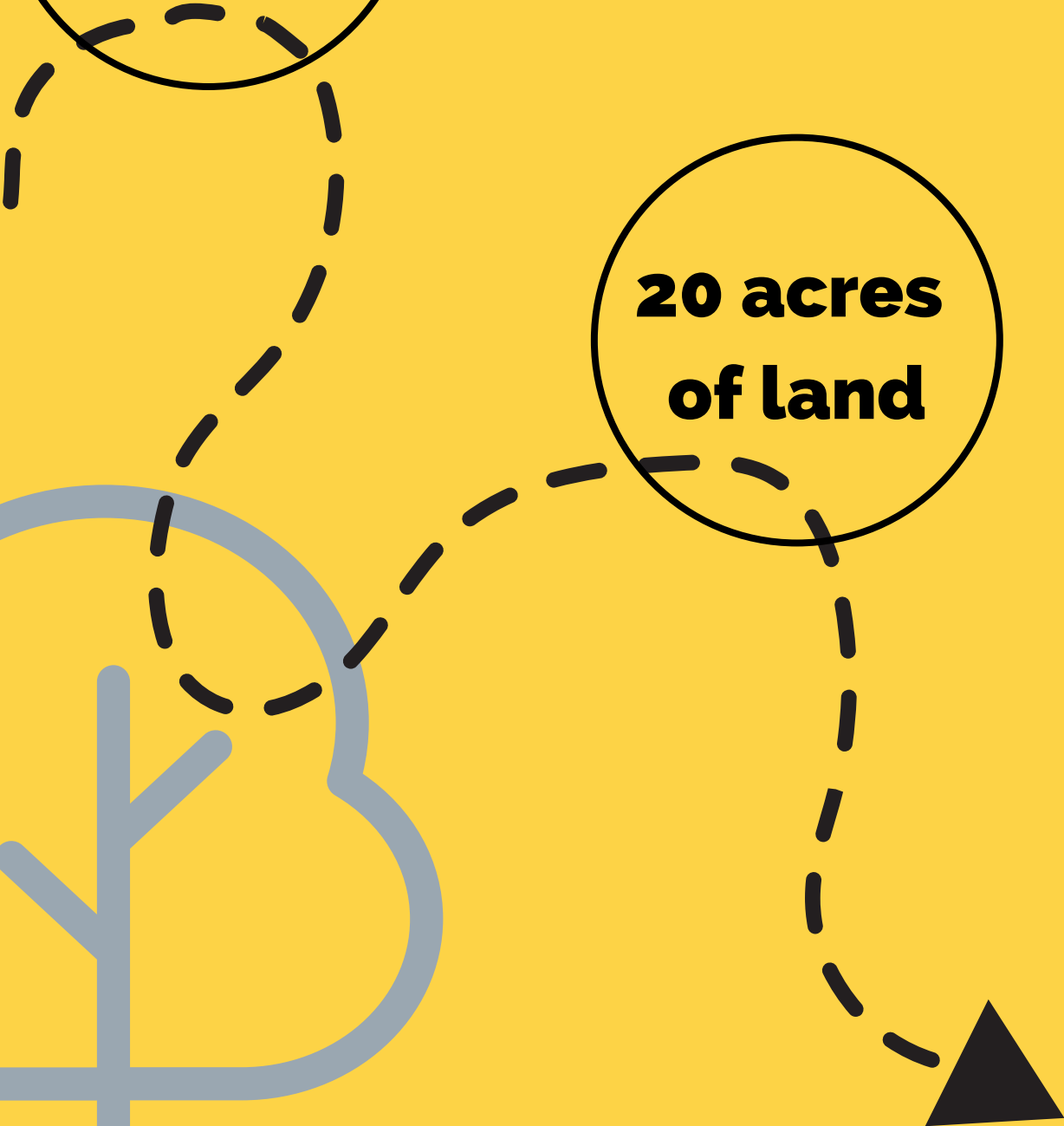
We take profit of the country's natural resources to create sustainable initiatives that can create a local market.

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**905
trees**

**20 acres
of land**



SPORTS WITH VALUES

NASCO
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The Sports with Values project is a soccer league for children who attend NASCO computer classrooms.

We identified that **football attracted young talent to our centers**, so we decided to start a project that, in addition to pursuing educational objectives, it seeks to preserve children's rights and their development through physical activity, play, leisure and transmitting human values.

The project is divided by age, into 3 teams **under-13, under-15 and under-17** and **consists of a total of 120 boys and 6 girls.**



SPORTS WITH VALUES

NASCO
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**We promote healthy and recreational initiatives
to protect children's rights.**

SCHOLARSHIPS FROM START TO FINISH

NASCO
FEEDING
MINDS

Our scholarship program finances **higher and university studies to young students in vulnerable situations**. Training is financed from the beginning to the end, thus assuring the students that the continuity of their education will not be affected by their personal economic condition.

It rewards academic excellence and commitment to the community. NASCO Feedings Minds facilitated scholarship programs abroad for **5 students in total, 4 of them women**. 2 of the students continued with their scholarship that began in 2021 to study at the Canary Islands Business School (CIBS) within the program Learn Africa thanks to the collaboration with the Women for Africa Foundation.

On the other hand, this October 2022, scholarships were awarded to 3 more students – 2 women and one man - to study a master's degree in International Management at the Advantere Business School, in Madrid.

In addition, we have collaborated in the financing of part of the studies of more than **12 students in Ghana**, among which are computer science, medicine, biotechnology and computer science.



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17
scholarship
holders

5
international
scholarships

6
women



Mercè Espinosa Tapias
Secretary General

Ousman Umar
President

NASCO Feeding Minds



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